

MINUTES OF THE WASHOE COUNTY HUMAN SERVICES AGENCY SENIOR ADVISORY BOARD MEETING

November 7, 2018
Washoe County Senior Center, 1155 E. 9th Street, Reno, Nevada 89512
Game Room

- 1. *Call To Order Meeting was called to order at 3:01 p.m. by Chair-Dr. Larry Weiss.
- **2.** *Roll Call Dr. Larry Weiss asked for the roll call; Sandra Vasquez took the roll. There was a quorum present.

WASHOE COUNTY SENIOR SERVICES ADVISORY BOARD MEMBERS:

| WASHIOL COOKIT SERVICES AD VISORT BOARD MEMBERS. | | | |
|--|------------------------|-------------------|--|
| PRESENT | | ABSENT (EXCUSED*) | |
| Dr. Larry Weiss | Donna Clontz | Sandra Dexter* | |
| Wayne Alexander | Barbara Korosa (phone) | | |
| Rick Sorensen | Marsy Kupfersmith | | |
| Stan Dowdy | Garth Elliott | | |
| Sarah Deardorff (late | | | |
| 3:09pm) | | | |
| | | | |
| WACHOE COUNTY CTAFF DDECENT | | ADVICOD DDECENT | |

WASHOE COUNTY STAFF PRESENT

ADVISOR PRESENT

Steve McBride Leslie Admirand (DA)

Sandra Vasquez

Abby Badolato

ADVISOR (ABSENT)
Victoria Edmondson
Connie McMullen

3. *Public Comment -

No public comment.

4. *Member Announcements –

Marsy announced that on 11/6 Steve Aichroth from Nevada Housing Division will be talking at the North Valley Library about affordable senior housing. The Center for Healthy Aging is also promoting events on senior issues. There will also be a meeting for transportation the following Thursday at the Spanish Springs Library. Larry stated everyone is welcome to attend and to spread the word.

Garth announced that there will be a celebration for veterans at the Sun Valley Senior Center at 9am on Saturday 11/10.

Stan stated that AARP will be parading at 9:45am at the Veteran's Day Parade, site 13. Donna stated the seniors of City of Reno will also be at the parade, site 28.

5. Approval of the Agenda for the Advisory Board Meeting on November 7, 2018.

Motion to approve the agenda was made by Marsy Kupfersmith and seconded by Stan Dowdy. Motion passed unanimously.

6. Approval of the Minutes for the Advisory Board Meeting on September 5, 2018.

Motion to approve the minutes was made by Stan Dowdy and seconded by Donna Clontz. Motion passed unanimously.

7. *Report on Senior Services Division for New Congregate Meal Site – Steve McBride

Steve stated December 4th will be the grand opening for meal services at Lazy 5 Park and it will be operational from Tuesday through Friday. It will run similar to the Cold Springs center. Donna asked how many people would be received at the Lazy 5 location, Steve replied it is difficult to know at this time.

8. *Report on Senior Services Division for grants programs – Steve McBride

Steve stated one of the grants that they received will provide three vehicles and 2 of the vehicles will be acquired within the first year, one of the vehicles will be wheel chair accessible. They are looking to start January; the driver would be volunteers from the Senior Ambassador Program. Donna asked how seniors will know about the transportation and who it is for, Abby replied their target population would be current clients. Abby reported that another grant that was received was through the Daybreak program. They will be offering Caring For You, Caring For Me program and it is geared toward the caregiver. The Skills To Care program is for an occupational therapist to go in the home and provide services. (Sarah Deardorff arrived 3:09pm)

9. *Update on Senior Nutrition Program- Steve McBride

Abby stated the ServTracker program is really close to going live. The hope is to use ServTracker at Lazy 5 starting day 1. A volunteer will be delivering the meals for the Lazy 5 location. Abby also stated 75% of the meals are delivered by volunteers versus paid staff. Sarah asked if everyone will have a card to sign for meal, Abby replied yes, that it is a simple process. ServTracker is specifically designed for congregate meal sites and the home delivered meals. Sarah stated ServTracker is a very good program.

10. *Update on Sparks Senior Citizen Advisory Committee – Donald Abbott

Donald stated Ward 2 has no applications, but the other wards have had many applications come through; Ward 3 will have a new seat and they will be making their appoint later.

11. Discussion and possible recommendations for Older American Month and Stuff-A-Bus (For Possible Action)

Donna stated she was supposed to meet with Chris Ciarlo; she had a meeting with the representatives from Sparks and the group talked about what worked and what didn't. They discussed the Aces game tickets and also how the Aces staff and public relations were not very easy to work with. There was not a connection with the Aces and Senor Advisory Board. Washoe County did do a lot of coverage on it, but it just looked like the community didn't know

much about it. Donna requested a meeting for early December. The federal office has not put out the new logo for Older American Month yet, but Donna would like a meeting before the theme comes out. A tentative meeting is scheduled for December 12th at 2pm in the Reno Senior Center. Donna stated they would just need to know if Kolo Cares is interested in working with them. Rick asked if there is a number of how many people attended Older American Month. Larry replied it is a good idea to track how many people attend the events of the month and it may be good to do a simple survey to find out the impact of the event. Donald Abbott suggested keeping it simple when counting the number of attendees at the events. Leslie Admirand reminded the board that no more than 5 members can be at the meeting.

- 12. Report, discussion, and possible recommendations regarding recruiting new board members for District 2 and District 3 (For Possible Action)
 - a. Application from Alexandria Spargo (District 5)

Larry stated District 2 has been tough to fill. Donna suggested that Larry write a letter to Commissioner Jung for District 2 and Bob Lucey for District 3. Marsy asked if Connie McMullen can she apply again even though she termed out. Leslie Admirand will look into it. Larry stated that when new applicants send in their application, to also invite them to the board meetings even if there is not an opening in their district.

13. Update, report, discussion, and possible recommendations regarding age friendly communities sponsored by AARP throughout the county and cities (For Possible Action)

Donna stated the 2018 Age Friendly and Livable Communities book from AARP is available and it contains good statistics on page 8 and 9. In the last town hall meeting on October 2nd they talked about what local community members thought would make the community better as they got older. Donna compiled notes on the meeting (see attachment). The issues at the top of the list were housing and transportation. The second meeting is Friday, November 9 at Evelyn Mount. After Friday's meeting, they will know what the next group will look like. Donna will check in with Jeremy to get a relevant sample, he has about 300 surveys, and needs 350. She will also be attending an AARP national conference on age friendly livable communities in North Carolina.

14. Report, discussion, possible recommendations and updates on the Advisory Board member's Shared Issues and Goals for Housing, Advocacy, Communication & Information, Data Planning, Transportation, Nutrition Programs, Social & Recreation, Senior Law, Volunteering, Financing, and Social & Health Services (For Possible Action)

Donna stated the agenda item 15 is to help with having more report and discussion for this item. Barbara reported that the 20th Century club, which she is a member of, took on Stuff-A-Bu s as their charity for the month of May. Larry asked board members to look at each goal area and provided information. Garth stated he will call RTC transportation to see what's going on with the routes in the North Valleys. Rick stated he would like to look into resources for social services and provide a report. Larry asked to put Garth and Rick in the agenda for next month. Stan Dowdy leaves the meeting at 4:01m.

Donna requested an updated shared goals matrix.

15. *Report and discussion of senor board members to ongoing Washoe County public meetings

Larry stated there are different organizations with public meetings (see attachment). He asked members to think about what public meetings they are interested in.

16. Discussion and possible recommendation for promoting automatic deduction donations from Washoe County employees to Senior Services (For Possible Action) – Larry Weiss

Abby stated she reached out to Human Resources and Comptrollers and was told that the SAP system does not make this type of deduction possible. Donna stated Community Foundation of Northern Nevada would be a possibility to use to donate and donate to them since they have a section for seniors. Abby stated she was told it was not a possibility. Sarah suggested looking into dip in the jar donation. Abby stated it is a fine line for soliciting donations; she would need to go to the legal department to find out about something like that.

17. Agenda items for the next Board meeting (For Possible Action)

Sign up for Washoe County public meetings (action)
Updates on other senior services
Rick Sorensen report
Garth Elliot report
Washoe 311 presentation
Data from new behavioral health coordinator

18. *Public comment -

Sarah stated that they will have the gift wrapping party for Be A Santa To A Senior at 9am and they need as many volunteers as possible (see attachments). There were over 700 seniors that participated in this program and over the past 15 years, over two million gifts have been given.

19. Adjournment (For Possible Action)

Motion to adjourn was made by Rick Sorensen and seconded by Wayne Alexander. Motion was unanimous. Meeting adjourned at 4:24 pm.